



JUMP

Men Training Manual

INTRODUCTION

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OUR MISSION

The primary mission of the IACS School of Engineering is to provide a high-quality, innovative education in the field of engineering. We are committed to the development of our students' technical skills, critical thinking abilities, and leadership qualities. Our faculty members are dedicated to providing cutting-edge research and practical experience to our students. We strive to create a supportive and challenging learning environment that prepares our graduates for the demands of the modern engineering profession.

A key component of our mission is to foster a strong sense of community and collaboration among our students and faculty. We encourage our students to work together, share their knowledge, and support each other throughout their academic journey. Our faculty members are also committed to staying current in their fields and providing our students with the latest research and industry insights. We believe that a well-rounded education is essential for our students to succeed in their careers and as responsible citizens.

- G. To provide a high-quality, innovative education in the field of engineering.
- B. To develop our students' technical skills, critical thinking abilities, and leadership qualities.
- G. To create a supportive and challenging learning environment that prepares our graduates for the demands of the modern engineering profession.
- G. To foster a strong sense of community and collaboration among our students and faculty.
- G. To encourage our students to work together, share their knowledge, and support each other throughout their academic journey.
- G. To provide our students with the latest research and industry insights.

COMMUNICATION

Communication is a process of exchanging information between two or more people. It is a process that involves the use of language, symbols, or signs to convey a message from one person to another. Communication is essential for human interaction and is a key component of many social and professional activities.

1. Make Yourself Approachable

Being approachable is a key skill for effective communication. It involves being open, friendly, and accessible to others. This can be achieved by smiling, making eye contact, and using a warm tone of voice. Being approachable also means being willing to listen and engage in conversation with others.

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2. Give Personal Space

Personal space is the area around a person that they consider to be their own. It is a key component of communication and is essential for feeling comfortable and safe. Giving personal space to others is a key skill for effective communication.

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11/11/2020

Hi there,

I heard it's mid-term season for you all. Wanted to see how things are going, maybe talk about how you're going to tackle your mid-term exam! There is a JUMP event coming up if you can't go together or we can meet for coffee at a drive-thru/next week. I'm usually free between 12-2 if you have work for you, if not we can find another time. Also, I have offered you a peer to come and join me at Geisel for a study session (I basically live at the place lol). I get there early and get a pretty big table to help you plan out your pace for all of you.

Hope to meet with you soon!

Non-responsive Mentees

For those who are not responding to their mentors, please contact the mentorship coordinator at mentorship@ucsb.edu for more information. We will be reaching out to you again in the next few weeks. Thank you for your patience.

MEETING PLACES

Meeting places are provided for mentors and mentees to meet and discuss their projects. The meeting places are located in the Student Center and are available for use during the following times:

- Monday, Tuesday, Wednesday, Thursday, Friday, 10:00 AM - 12:00 PM
- Monday, Tuesday, Wednesday, Thursday, Friday, 2:00 PM - 4:00 PM
- Saturday, 10:00 AM - 12:00 PM

Meeting places are also available for use during the following times:

- Monday, Tuesday, Wednesday, Thursday, Friday, 10:00 AM - 12:00 PM
- Monday, Tuesday, Wednesday, Thursday, Friday, 2:00 PM - 4:00 PM
- Saturday, 10:00 AM - 12:00 PM

Meeting Places for Mentors/Mentees

The Zone

The Zone is a meeting place for mentors and mentees to meet and discuss their projects. The Zone is located in the Student Center and is available for use during the following times:

- Central Zone
- East Zone
- West Zone

Picnic by the Bear

- Picnic by the Bear is a meeting place for mentors and mentees to meet and discuss their projects. Picnic by the Bear is located in the Student Center and is available for use during the following times:
- Monday, Tuesday, Wednesday, Thursday, Friday, 10:00 AM - 12:00 PM
- Monday, Tuesday, Wednesday, Thursday, Friday, 2:00 PM - 4:00 PM
- Saturday, 10:00 AM - 12:00 PM

Sunset Watch

- Sunset Watch is a meeting place for mentors and mentees to meet and discuss their projects. Sunset Watch is located in the Student Center and is available for use during the following times:
- Monday, Tuesday, Wednesday, Thursday, Friday, 10:00 AM - 12:00 PM
- Monday, Tuesday, Wednesday, Thursday, Friday, 2:00 PM - 4:00 PM
- Saturday, 10:00 AM - 12:00 PM

Ocean View Terrace Pizza Night

- free pizza and soft drinks (cash or card)
- free parking
- free drinks (cash or card)
- free pizza (cash or card)

Attend a free concert/event

- [A. ...](#) : free concert
- [C. ...](#) : free concert
- G. ... : free concert
- ... : free concert

Recreational Activities

- ...

IMPORTANT CONTACTS

For more information, please contact the following individuals:

For more information, contact [Carla Cabrera](mailto:Carla.Cabrera@ucsb.edu) at Carla.Cabrera@ucsb.edu

For more information, contact [Antonio Mendez](mailto:Antonio.Mendez@ucsb.edu) at Antonio.Mendez@ucsb.edu (858) 534-6105

ACKNOWLEDGEMENTS

I would like to thank the following individuals for their support and assistance during the course of this project: B. A. ...

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